vegetable couscous

Lamoni Community School families:

Please fill out the following order form circling the items requested and return it to the cafeteria by Wednesday, June 8. Orders will be **ready for pickup on Saturday, June 11 starting at 10:00 A.M**. Please come through the main high school doors to pick up your order.

Student name		
Home address		
# of people in household	# ages 0-18 #ages 19-50	#ages 60+
Smithfield/Jimmy Dean	Barilla angel hair pasta	shelled walnuts
sausage	Barilla Bucatini	dried cherries
cocktail sausages	Barilla chickpea rotini	dried fig pieces
ground pork	marinara sauce	dried pitted dates
mini cubed ham	tuna skillet meal	dried pitted plums
Virginia whole ham	dry egg noodles	Sun-Maid raisins 6-pk
shank portion ham	boxed macaroni & cheese	bagged raisins
bologna (not sliced) 6 lb.	canned sliced carrots	canned mixed fruit
frozen fish fillets - limited	canned green beans	canned pear halves
assorted sub sandwiches	canned sweet peas	canned sliced peaches
hot honey chicken breast	canned corn	fresh grapes
chicken leg quarters	mixed vegetables	Honey Nut Cheerios
chicken drumsticks	canned sliced potatoes	Chocolate Strawberry
canned chicken breast	canned black beans	Cheerios
canned ground pork	canned pinto beans	apple oatmeal -limited
canned tuna	canned organic refried beans	pumpkin pie pretzels
chicken Vienna sausage	diced tomatoes	Disney Frozen II fruit snack
assorted frozen pizzas	canned sliced beets	Fruit by the Foot
Jack Links' beef & cheese	dry navy beans	Fruit Rollups
sticks	vegetable soup	Motts fruit snacks
assorted boxed meals	cream of celery soup	bottled seltzer water
1 dozen eggs	Campbell's chicken noodle	Almond Breeze milk
block cheese (similar to	soup	instant nonfat dry milk
Velveeta)	Campbell's tomato soup	cottage cheese 4%
buttermilk ranch dressing	canned beef chili (no beans)	string cheese bites
cups	turkey stuffing	dairy-free vanilla creamer
russet potatoes- 5 lb. bag	vegetable oil	strawberry fruit spread
instant mashed potatoes	dry baking mix	Life Savers Wintergreen
rice pilaf	Bisquick	Mints
white rice (2 lb bag)	Bigs Takis Fuego sunflower	Reese's colliders pudding
Mexican smoked paprika rice	seeds	Strawberry cheesecake Jello
Mexican smoky couscous	peanut butter	protein bars -assorted
Mediterranean grilled	salted peanuts in shell	assorted individual potato

pistachios in shell

chips